

THE NOT SO BIG LIFE – Chapter Five Introduction

This is where we start to explore a new way of seeing things. It is really the core of the book. If you “get” this, the rest of the book will be a lot easier to comprehend because it all flows logically from the leap we are going to make here.

This chapter will challenge you, make you think, and make you question what you think you know about the world, so it’s best to approach it with an open and inquisitive mind. Be sure to click on the link provided to the *Powers of Ten* video, which will help to experience first hand the permeability of all the boundaries that we believe define us and keep us separate from the rest of the world.

And if you have the time and the interest, watch one or more of the movies suggested. Each of them has the ability to point toward a different way of seeing things. Though I’m not suggesting that any one of them is an accurate depiction, each one can open your mind to other alternative ways of perceiving the world we live in. If you are a part of a book club, or are exploring the contents of this book with friends, these movies make wonderful subjects for discussion.